

# VEGAN



**CONVENIENCE ITEMS** to assist with vegan dish preparation



## Hors d'oeuvres

### **Caribbean Risotto Cake #18851**

*Metropolitan* Coconut-infused risotto, mango pineapple, cilantro & lemongrass.

### **Edamame Potstickers #11706 Chef One**

All-Natural wheat potsticker filled with a blend of edamame, scallions, carrots, Shiitake mushrooms & corn.

### **Kale & Vegetable Potsticker #10663**

*Metropolitan* Kale, spinach, cabbage, corn, carrots, tofu in a dumpling wrapper.

### **Mandarin Vegetable Springroll #18747**

*Metropolitan* Asian vegetables & tofu seasoned with garlic, ginger & sesame oil, wrapped in a crispy spring roll wrapper.

### **Mushroom Chopsix #18793 Metropolitan**

Shitake mushrooms & onions w/Asian seasoning in a long springroll wrapper.

### **Potato Samosa #11472 Sukhi's**

All-Natural Crispy potato & pea pockets flavored w/ Indian spices.

### **Vegetable Springroll #18704**

*Metropolitan* Napa cabbage, mushrooms & Asian seasonings.

## Sausages

### **Apple Sage Sausage Links #11281**

*Field Roast* A unique all natural blend of Granny Smith apples, Yukon Gold potatoes and pungent rubbed Sage and Ginger.

### **Breakfast Sausage #11276 Field Roast**

Created with dried apples, maple syrup, garlic and hickory smoked flavors.

### **Chipotle Sausage Ground Bulk #11274**

*Field Roast* Grain meat sausage with chipotle & chili peppers, garlic, onion and cumin.

### **Italian Sausage Links #11280 Field Roast**

Old-country sausage seasoned with fresh eggplant, zesty red wine, pungent fresh garlic and plenty of fennel.

### **Italian Sausage Ground Bulk #11255**

*Field Roast* Grain meat sausage seasoned with eggplant, red wine, garlic, fennel.



## Beef / Chicken Alternatives

### **Beef Free Crumbles #11245**

*Beyond Meat* **GF**

### **Beefless Beef Burger #11248 Gardein**

### **Beefless Beef Strips #11233 Gardein**

### **Burger Hand Formed #11347 Field Roast**

Classic Burger Flavor. Barley, Carrots & Celery. Great on the grill.

### **Frankfurter #11289 Field Roast**

### **Grilled Vegetable Vegan Entrée#18840**

*Metropolitan* Large chunks of grilled vegetables wrapped in a vegan pastry.

### **Chick'n Breast #11240 Gardein**

### **Chicken Free Strips #11219 Beyond Meat**

### **Hazelnut Herb Breaded Cutlet #11278**

*Field Roast* This all-natural artisan cutlet is rich with flavor from the toasted Oregon hazelnuts combined with chives and a hint of tarragon.

### **Veggie Chick'n Tenders #11249 Gardein**

Breaded

## Pasta/Noodles

### **Mushroom Ravioli #11533 Metropolitan**

Roasted Cremini mushrooms, caramelized onions, vegan porcini bechamel and fresh herbs & spices in a large square egg-less dough. 20pcs/lb

### **Roasted Vegetable Ravioli #11544**

*Metropolitan* Roasted Eggplant, Onions, Carrots, Fire Roasted Red Bell Peppers, Zucchini & Fresh Herbs In A Large Square Egg-Less Dough. 20pcs/lb

### **Roasted Vegetable Ravioli JUMBO**

**#11555 Metropolitan**

Roasted eggplant, onions, carrots, red bell peppers, zucchini & fresh herbs in a jumbo round egg-less dough. 6pcs/lb

### **Japanese Udon Noodles #11196**

*Nippon Shokken* These preservative free noodles are ready to go straight to the wok or added to soup.



## Sauces

### **Cilantro Chutney #11473 Sukhi's GF**

A zesty blend of cilantro, lemon & garlic.

### **Curry Paste #7293 Sukhi's**

A base of tomatoes, onion, ginger, garlic & exotic spices.

### **Eggplant & Tomato Sauce #11963**

*Metropolitan* **GF**

Roasted eggplant, imported tomatoes, sweet fresh onions, and caramelized garlic.

### **Ginger Sauce #20047 Nippon Shokken**

Minced ginger sauce used both as a marinade and a glaze.

### **Japanese Dressing #20043**

*Nippon Shokken* Soy Sauce base. A combination of hot, sweet & sour.

### **Korma Paste #7292 Sukhi's GF**

Exotic Spices, Onions And Cashews.

### **Madras Curry Paste #7291 Sukhi's GF**

A sweet & tangy base of curry leaves chilies & mustard seeds.

### **Mango Chutney #11474 Sukhi's GF**

Mildly sweet & spicy. Great compliment to cheese.

### **Masala Madras #10651 Sukhi's GF**

One step spice blend with sauteed onions.

### **Marinara Sauce #11938 Metropolitan GF**

Imported tomatoes, olive oil, fresh basil.

### **Pomodoro Sauce #11518 Metropolitan**

Imported tomatoes, sweet onion, fresh basil, olive oil, and seasonings.

### **Pulao Sauce #10650 Metropolitan**

A one step Indian blend for rice.

### **Sundried Tomato Pesto #11516**

*Metropolitan* All-natural olive oil, sundried tomatoes, basil, parmesan & garlic.

### **Tandoori Marinade #10654 Sukhi's**

A traditional Indian blend of spices.

### **Tomato Chutney #11471 Sukhi's**

Sweet & Spicy tomato blend with raisins & wild onion seeds. **GF**

### **Vindaloo Paste #7290 Sukhi's GF**

A spicy curry sauce with a bold flavor from vinegar, garlic & chilis.

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## Breads/Breading

### Baguettes

**Long Loaf 21" #11338 Eurobake**

**Petite #11354 Ace Bakery**

**Sandwich 8" #11336 Eurobake**

**Sub Roll 8" #11316 Eurobake**

**Sub Roll Cuban 12" #11303 Eurobake**

**White 22" #11344 Ace Bakery**

### Ciabatta

**Cluster 4x4 #11343 Ace Bakery**

**Lunga #11439 Ace Bakery**

**Sandwich 4x4 #11615 Eurobake**

**Sandwich Sliced #11349 Eurobake**

**Sliced (Hamburger Roll) #11351 Eurobake**

**Small loaf #11346 Eurobake**

### Dinner Rolls

**Dinner Variety Mini #11358 Eurobake**

**Finnen Wheat #11599 Eurobake**

**Spitzweck #11337 Eurobake**

**Spitzweck Mini #11357 Eurobake**

**Whole Grain Dinner GF #11590 Udi's**

### Focaccia

**Potato Chive #11491 Ace Bakery**

**Rosemary Rectangle #11445 Ace Bakery**

### International Specialty

**Naans Tandoori Flatbread #7295 Sukhi's**

**Tempura Batter #20045 Nippon Shokken**



## Soup/Base

### Ten Vegetable Soup #18110 Hale & Hearty GF

This thick and hearty tomato based soup is freshly made with hand chopped fresh vegetables and herbs.

**Vegetable Base #11916 Metropolitan**

\*\*\*We can **special order** a large variety of Hale & Hearty **VEGAN** soups. Please call your Metro Sales representative for ordering information.

## Desserts

### Champagne Sorbet #9102 Sweet Indulgence

A velvety smooth balance of bubbly, orange & lemon.

**Chocolate Crème Cake Mix #10115 Komplet** An easy mix for creating high quality cakes with good texture and a moist crumb.

**Cream Cake Mix #10010 Komplet** An easy mix for creating high quality cakes with good texture and a moist crumb.

### Lemon Ginger Sorbet #9096 Sweet Indulgence

Freshly squeezed lemons, lemon zest & rum infused with ginger.

### Mango Sorbet #9098 Sweet Indulgence

Perfectly ripened mangos make this sorbet creamy and smooth.

## Breakfast/Snack

**Muffin Batter #10034 Bear Stewart** thaw and bake plain muffin batter, ready to add ingredients to.

### Raspberry/Blueberry Healthy Bars #11728 Sweet Indulgence

Chia seeds, flax seeds, oats and blueberries ore raspberries make these bars a delicious healthy choice for breakfast or as a snack. Each box contains 1 tray blueberry and 1 tray raspberry bars, precut into 32-3"x2" bars

GF =Gluten Free



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